# Northern Lights Recreation and Wellness Centre Proposal

#### Wellness and Recreation Needs

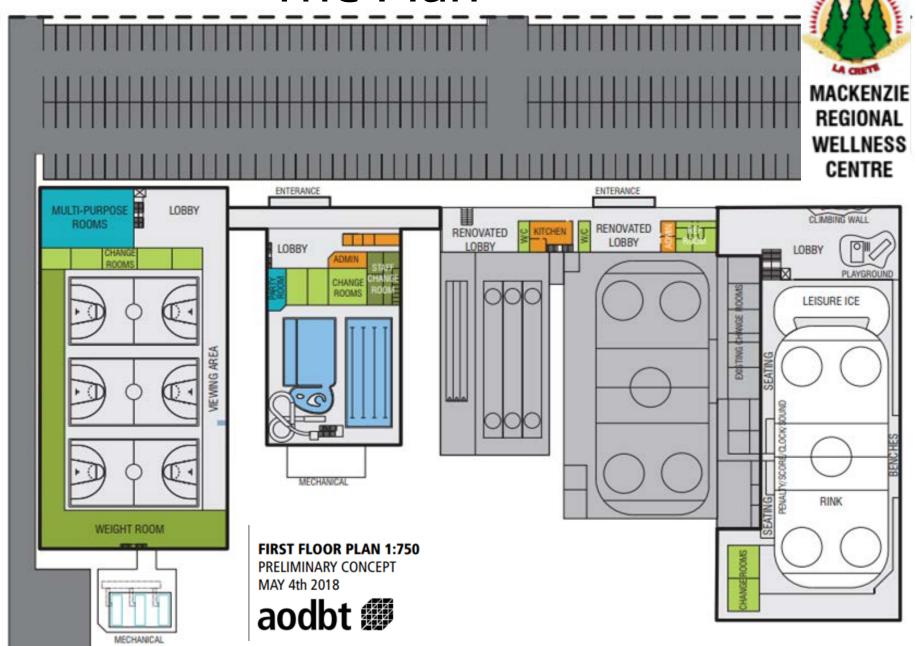
- \* Various forms of exercise for ALL ages and ALL ability levels
- \* Promotes a healthy lifestyle and improves quality of life
- \* Safe & Supervised recreation and wellness opportunities for youth and families year round
- \* Rehabilitation opportunities for low impact exercise for seniors or physically challenged (for some aquatic programs are the ONLY form of exercise they can engage in)
- \* Retain people in our communities who leave for more services and attract professionals that bring valuable services and skills

- \* Operator, Programer, Lifeguard, Instructor, job opportunities
- \* Swimming lessons a life skill that SAVES LIVES by preventing drownings and empowering people with water safety skills
- \* Recreation facility use has been steadily increasing in our region
- Schools need courts of every kind, basketball, volleyball, badminton, indoor track
- Multipurpose rooms for recreation and events (aerobics, spin, receptions, etc)
- \* A second ice surface is needed, practice space, public skating

# Recreation and Wellness Centre Components

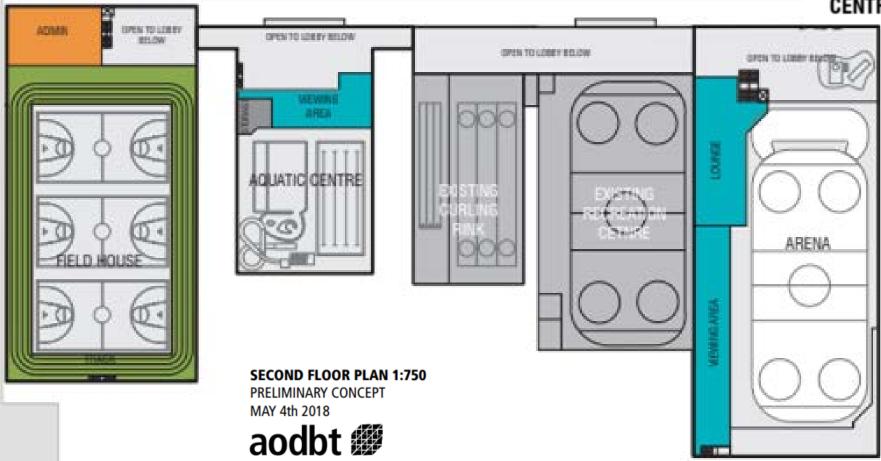
- Second rink with leisure ice
- Aquatics facility with lane and leisure areas
- Field house with indoor courts/soccer field
- Walking/Running track
- Space for fitness centre equipment
- Multipurpose room(s)
- Indoor playground area

#### The Plan





#### MACKENZIE REGIONAL WELLNESS CENTRE



#### Estimated Capital Cost Breakdown

#### Approximately \$25 million total

- -\$7.5-8 million for second rink
- -\$6.5-7.5 million for aquatics centre
- -\$9-10 million field house
- \*We are in control of the prices. There is room to bring these down depending on design and components we include \*Prefab has lower capital costs.
- \*Use local materials to keep cost down.

#### Where will Capital Funds Come From?

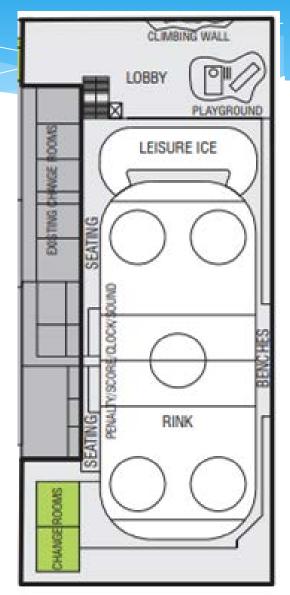
- Current fundraised dollars \$520 000 for the aquatics components
- \* Continued Fundraising and Sponsorship efforts
- \* Extensive Verbal Commitments from Businesses and Individuals in support, once project is approved
- \* A local construction has committed to donate 3 weeks of labour to construct the building
- \* Any applicable grants including CFEP Grant and Investing in Canada Grant (up to 70% of capital cost)
- \* Can apply for Grants <u>WHEN</u> we receive approval from the County

#### Second Rink

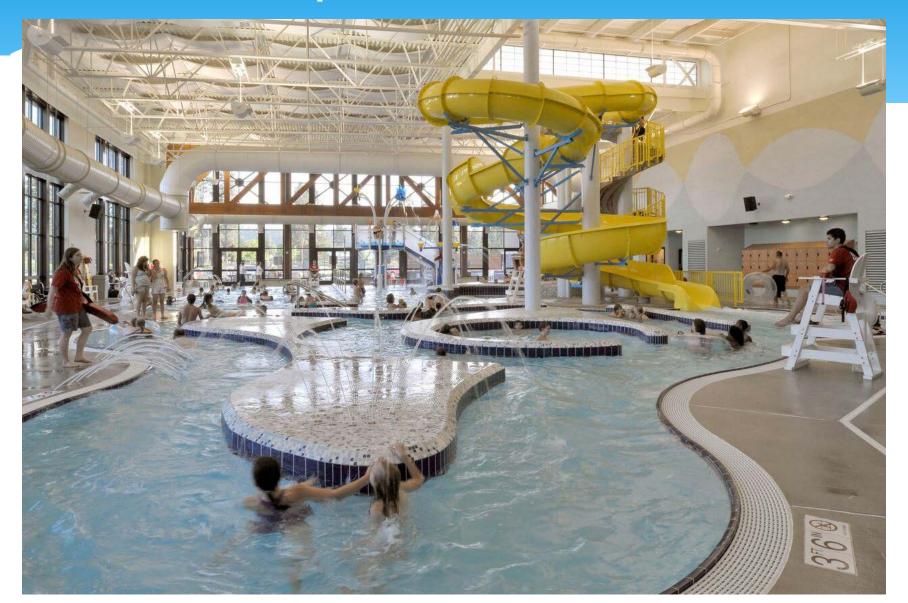


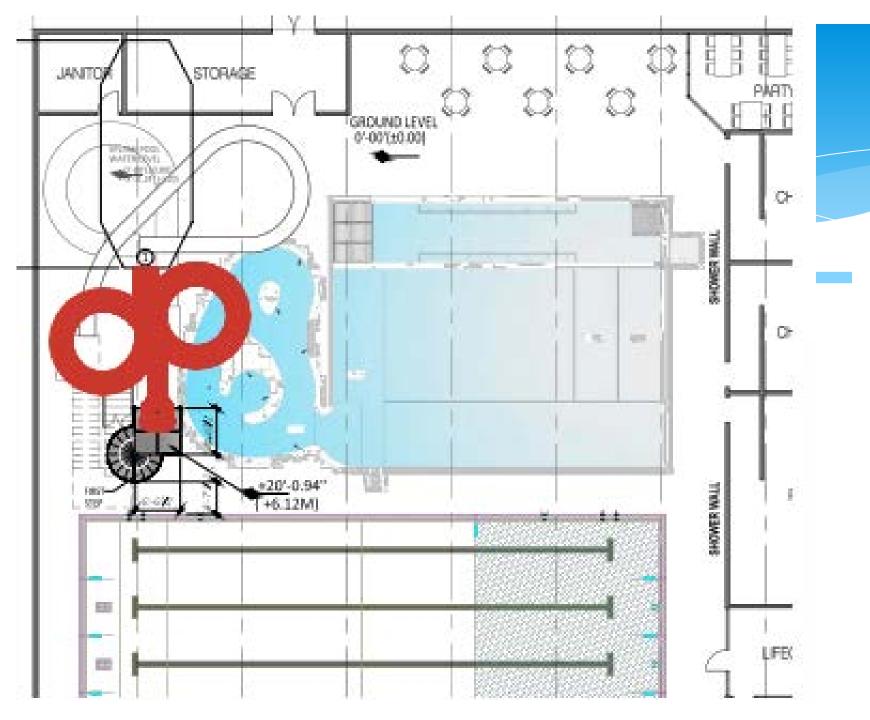
## Proposed Second Rink Budget

Revenue	\$ 62,000
Operating Costs	\$ 20,000
Utilities Expense	\$ -
Insurance	\$ -
Wages	\$ 25,000
Maintenance	\$ 15,000
Expenses	\$ 60,000
Net Income	\$ 2,000



### **Aquatics Centre**

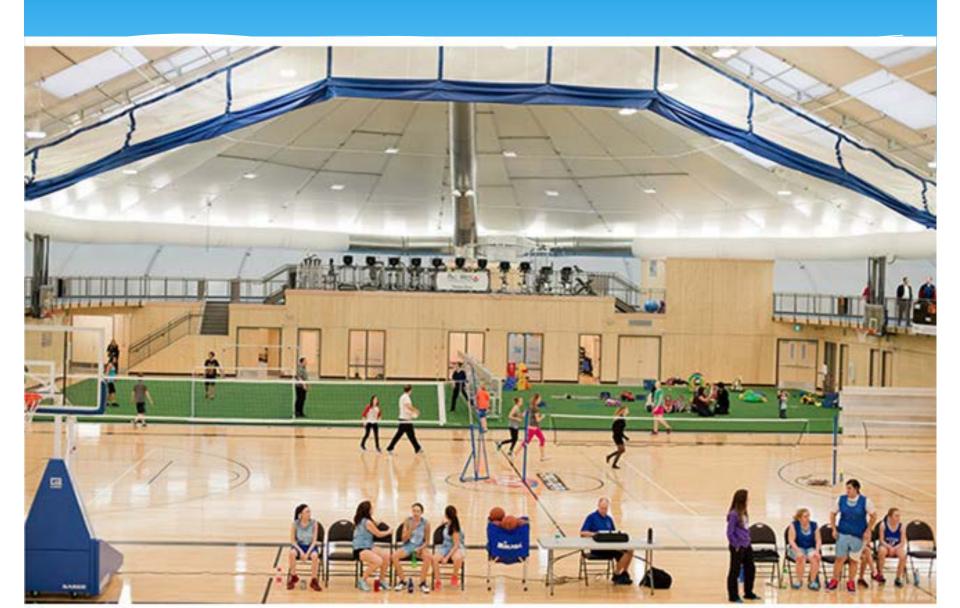


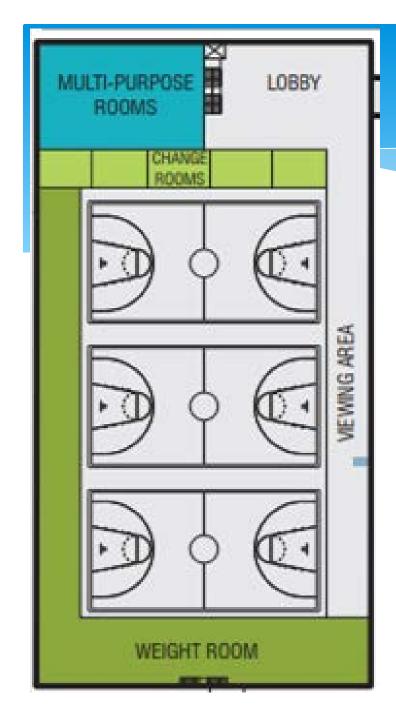


### **Aquatics Centre**

	P	Proposed		High Level		Slave Lake		Fairview	
Revenue	\$	264,000	\$	147,609	\$	221,795	\$	212,789	
Operating Costs	\$	63,343	\$	61,899	\$	45,600	\$	69,903	
Utilities Expense	\$	18,483	\$	-	\$	30,000	\$	64,229	
Insurance	\$	1,976	\$	1,976	\$	251	\$	5,676	
Wages	\$	335,274	\$	365,850	\$	369,433	\$	291,399	
Maintenance	\$	9,072	\$	36,757	\$	42,000	\$	52,158	
Expenses	\$	428,147	\$	466,482	\$	487,284	\$	483,365	
Net Income (Loss)	\$	(164,147)	\$	(318,873)	\$	(265,489)	\$	(270,576)	

### Field House



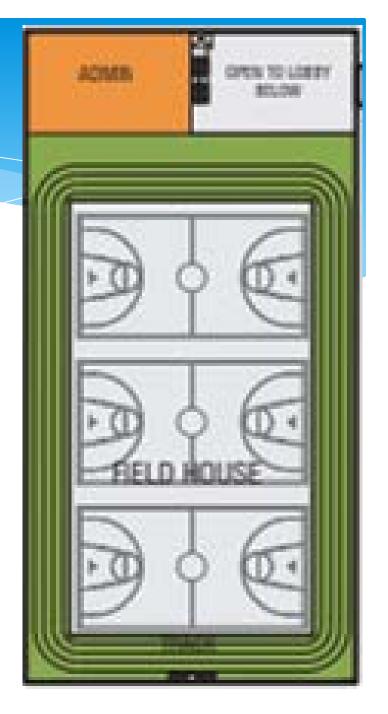


## Field House

First Floor

Second Floor





### Field House

_	Proj	posed	Gri	mshaw	Martinsville		
Revenue	\$	240,000	\$	227,204	\$	335,774	
Operating Costs	\$	23,837	\$	70,651	\$	58,291	
Utilities Expense	\$	90,579	\$	94,072	\$	82,223	
Insurance	\$	14,599	\$	9,980	\$	18,065	
Wages	\$	104,000	\$	224,212	\$	402,792	
Maintenance	\$	40,787	\$	44,583	\$	14,447	
Expenses	\$	273,801	\$	443,498	\$	575,818	
Net Loss	\$	(33,801)	\$	(216,294)	\$	(240,044)	

# Why we chose Myrtha and Sprung for the project?

- Costs much less to build and operate than conventional buildings and aquatic centres
  - \* Can be built faster with significantly less manpower
  - \* High quality materials
  - Reduced utility, maintenance, and labour costs
  - \* No annual closure and less chemicals needed since Myrtha products operate so much cleaner
- \* Excellent warranty (Myrtha 25 yrs and Sprung 50 yrs!)
- \* High R-value (R-30) and 20-22 points towards green certification.
- Soft floor, more comfortable and safer

# Sprung Buildings



# **Total Project Costs**

	Se	cond Rink	Aquatics		Field House		Total Project	
Capital Cost	\$	8,000,000	\$	7,000,000	\$ 1	10,000,000	\$ 2	25,000,000
<b>Operating Cost</b>								
Revenue	\$	62,000	\$	264,000	\$	240,000	\$	504,000
Expenses	\$	60,000	\$	428,147	\$	273,801	\$	701,948
Net Income (Loss)	\$	2,000	\$	(164,147)	\$	(33,801)	\$	(197,948)

# How will the operating deficit be funded?

- Programing Grants
  - Fundraising
  - Sponsorships
    - County
      - FVSD

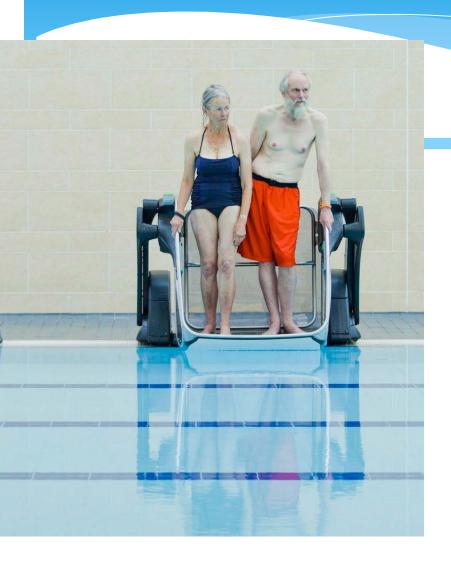
#### Our Request

We are asking for a commitment from council to contribute a portion toward the capital cost of the Northern Lights Recreation and Wellness Centre project and commit to own and operate the facility once it is constructed.

# Aquatics Centre Capital Cost Breakdown

- -\$900,000 to 1 million for the aquatics building
- -\$3.85-4.35 million for all aquatic components
- -\$2 million for aquatic component decking and siteprep
- -\$1 million buffer

## Accessibilty





#### **Aquatics Area**

- -Warm Leisure area with lift -19 person Hot Tub with bubble beds and lift -Lazy River with Cove -Slide Catch Pool or Run off Lane -25m Lesson and Lane Pool (25m x 8m) with lift
- \*Entire Aquatic area is fully accessible for all individual needs.



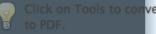




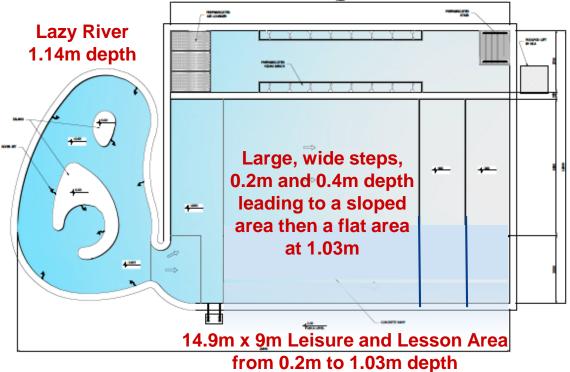


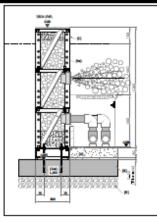




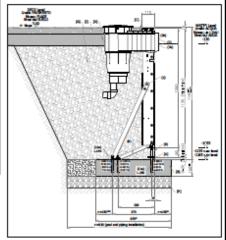


#### 14.9m x 2.7m Hot Tub with Bubble Beds, Stairs and Accessibility Llft





TYP. MYRTHA FINGERWALL



TYP. MYRTHA SKIMMER MOSAIC











